



SouthWest Communities
Resource Centre

SouthWest Community Resource Centre

Positive Discipline

This 5-week parenting program will focus on long term solutions that will develop your child's self-discipline and learn life-long skills. It helps you understand how your child thinks and feels at different ages, and enjoy a stronger relationship while achieving your parenting goals.



For children of all ages, from infancy through adolescence!



When: Thursdays : 10:00 am—12:00 pm

Date: Jan. 23rd—Feb. 20th, 2020

Where: SouthWest Communities Resource Center (Oakridge Co-op Shopping Center)

For more information, or to register for this FREE program, phone 403.238.9222

Call us 403.238.9222

Email us info@swcrc.ca

Visit us #42 2580 Southland Drive SW
Oakridge Co-Op Shopping Centre

Browse us www.swcrc.ca

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