



ARE YOU STRUGGLING WITH  
UNDERSTANDING YOUR ROLE,  
BLENDING YOUR FAMILY OR LEARNING  
HOW TO ADAPT TO A BIGGER FAMILY?

# GROUP COUNSELLING FOR STEP-PARENTS

January 16-March 19  
Thursday's 6:30-8:30PM

REGISTRATION - NOV 1 - JAN 10

**CONTACT:**

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**CALGARY SW COMMUNITIES RESOURCE  
CENTER**

2580 Southland Drive SW



SouthWest Communities  
Resource Centre

**Insight**   
Counselling & Therapy Centre